

Contact

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of Terres du Lauragais
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 LauragaisTourismeNailloux
Opening hours:
Monday to Saturday from 14 to 19h
In July and August from 10 to 19 h



Our partners:



PROJET COFINANCÉ PAR LE FONDS EUROPÉEN AGRICOLE POUR LE DÉVELOPPEMENT RURAL
L'EUROPE INVESTIT DANS LES ZONES RURALES

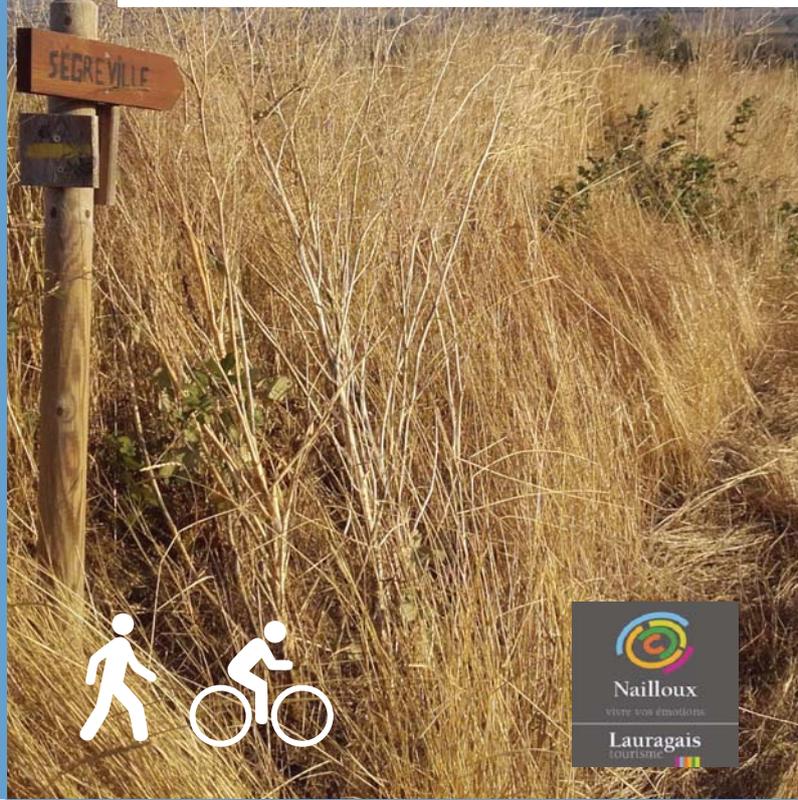
Photo credits: Daniel Vienne
Do not throw on public roads

Footpath 7



Footpath of the Pistouillé

Ségreville / Toutens / Beauville / Caragoudes



Nailloux is situated in the heart of the Lauragais countryside which spreads over approximately 2000km² and across three counties: the Haute-Garonne, Tarn and Aude. It is characterized by the natural beauty of the countryside which varies according to the crops planted and the seasons. We cultivate a lot of wheat on the lands of Lauragais. In the past, the Lauragais was renowned for the cultivation of wool, which was a plant used to make a blue dye during the 16th century. But the real touristic highlight of the Lauragais is the Canal du Midi which crosses it completely.

Technical details

Start: Parking in front of the Ségreville church
Difficulty: easy
Time: 3h15
Distance: 12,8 km

Hiking rules

- Know and respect the countryside
- Take your rubbish away with you
- Don't pick the flowers
- Look at the animals without upsetting them
- Don't make fire
- Stay on the Footpaths

Sign posting

- Wrong direction
- Right direction
- Change of direction

Pays Lauragais

Finding your way

Itinerary

1- Go down the street opposite the church, cross the D25 and continue in front of you onto the chemin de la Fontaine. At the fountain turn right: go up a path beside an alley of trees.

2- On the crest of the hill, turn left following a broad footpath which leads to the D25; cross it (use the pedestrian crossing on the right). Cross straight over to the Chemin de Pistouille going past the Hercule windmill. The road changes into a footpath on the crest of the hill. Go past the Lasserre ruins for about 300m. Don't take the private path which goes down opposite but turn right. You will reach a crossroads.

- Shorter variant (9.5km): Turn right straight away to go back to the starting point.

3- Turn left following the footpath for about 400m on the crest of the hill.

4- Go down a grassy path to the left. Turn right to join the D54b. It leads to the left to the village of Beauville, going past a cross which is dedicated to Joan of Arc.

5- In the village opposite the war memorial, go up a hard climb up through the field towards the water tower. You'll come to a tarmacked road (the D54b) to reach the crest of the hill. In front of farm de la Tour, turn right. On the bend take the footpath in front of you.

4- Go straight on.

3- Go straight on, onto the tarmacked road which goes to Toutens.

6- Cross the village of Toutens and the D25. Go past the chateau and keep going. When you get to a house, continue going down the hill on a grassy track. On arrival at the D79c, go up to the right and then turn onto the first road on the right until you reach En Rouch.

7- Go down to the wood Lakanal and cross it to come back up to the top to Ségreville.

2- Go down the steep slope to the left to get back to the start.

