

Contact

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Opening hours:
Monday to Saturday from 14 to 19h.
In July and August, from 10 to 19 h.



- Others hiking itineraries

Our partners :



Photo credits : Gilles et Céline Deschamps, Daniel Vienne
Do not throw on public roads

Footpath 3



The two royal bastides



THINK ABOUT IT

An alternative, original and fun way of going around the lake is to hire the MOBILE DREAM, which is a cross-country electric vehicle. Available to the general public including those with physical disabilities.

Stay on the footpaths

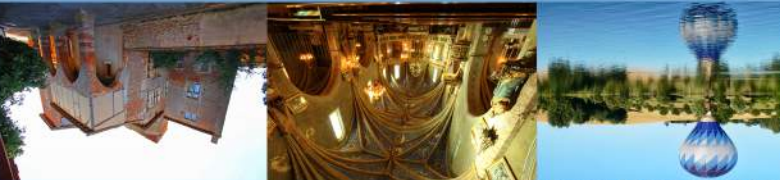
Know and respect the countryside

Take your rubbish away with you

Don't pick the flowers

Look at the animals without upsetting them

Don't make a fire



Nailloux is situated in the heart of the Lauragais countryside which spreads over approximately 2000 km² and across three counties: the Haute-Garonne, Tarn and Aude. It is characterized by the natural beauty of the countryside which varies according to the crops planted and the seasons. A lot of wheat is cultivated on Lauragais territory. In the past, the Lauragais was renowned for the cultivation of wood, which was a plant used to make a blue dye during the 16th century. But the real touristic highlight of the Lauragais is the Canal du Midi which crosses it completely.

Finding your way

Le Pays Lauragais

Start: In front of the church of Nailloux

Difficulty: easy

Time: 3h / Variant : 2h

10 km / Variant : 6 km

Sign Posting



Wrong direction

Right direction

Change of direction

Hiking Rules

Itinerary

1- Walk through the car park in front of the Saint Martin church of Nailloux. Turn right which leads you to the old Wheat Hall. Go around it to the right and follow the road until you come to a sign right to "Saint Meen". Go down that road for about 400 m, until you come to a grassy track.

2- When you get to the statue and old Saint-Meen wash-house (19th century), turn left and walk beside the cemetery. Continue until you get to the D19, cross carefully and keep to the right, on the lower side. Turn left onto a little road «Chemin de Laborie», which goes past the water tower and on for a further 500 m, then turn right onto a grassy track, «Serre de Rosette», which goes down to the lake.

3- When you get to the sign post "Serre de Rozettes", a different way is to go is on the left bank of the lake, follow the dotted line on the map for a shorter circuit (8.750km, 2h30)

Or, go right and walk for 250m. At the signpost named "Le Rival" take the footpath opposite.

4- This footpath climbs up about 800m towards Montgeard. When you get to the top, turn left up the road and cross the village via «rue de la Bastide».

5- When you get to the old wheat hall, take a left towards the Our Lady of Assumption Church (16th century), which is really worth a visit. Go around to the right of the church and follow the edge of the cemetery until you get to a crossroads, turn left onto the D25.

6- On arrival at the Thésauque lake, go the other side of the security barriers and follow the road.

7- Go towards the left following the bank of the lake following the signpost "Mirepoix"

8- When you get to the end of the lake, walk along the dam until you reach the footpath. Follow the footpath until you reach a footpath named «Bellecoste», where you turn right. The path climbs up towards Nailloux and turns into a road which terminates at the place Jean Jaurès. Turn right and then right again into the «rue Occitane», then turn left into the «rue de la Boucherie».

